

School _____ M F JV V Date _____

Sheets submitted on time _____

Round 1 (1:30) 6 Formations, 2 Jumps

of Competitors _____

Formations:

Jump 1. _____

Jump 2. _____

Coaching Area _____

Uniform _____

Delay of Meet _____

Enter/Exit _____

Time _____

Penalty _____ OK

Round 2 (1:30) Unison, 10 Count Drill, 5 Skills

of Competitors _____

Coaching Area _____ Uniform _____ Delay of Meet _____ Enter/Exit _____

Precision Drill:

Skills (max 3 @ 1.2+, 1 @ 1.4):

0. Blades on hips

1. _____ F T J

1. High V

2. _____ F T J

2. Swing, low V

3. Clap

3. _____ F T J

4. T

5. L lib, 1/2 T

4. _____ F T J

6. Low Rocket, L/R, feet together

7. High V blades, feet apart

5. _____ F T J

8. Slap, feet together

9. Squat, daggers

10. R Fight, feet apart

Time _____

Penalty _____ OK

Round 3 (2:30) 8 Formations

of Competitors _____

MS Jump _____

Formations _____

2.0 Falls _____

Coaching Area _____

Uniform _____

Delay of Meet _____

Enter/Exit _____

Time _____

Penalty _____ OK